



May 20, 2020 UPDATES:

**KINGSTON FITNESS UPDATE:**

Are you missing us? We are missing you! We have loved being able to offer online complimentary classes to all during the self-quarantine and mandatory shut down of our facility. All offered classes are available by clicking the icon link on our CLASSES page.

In anticipation of our June reopening we will begin to charge for online classes effective June 8th. Once we open, our plan is to continue online classes in addition to classes offered in person at the gym. Our classes at the gym will be limited and we realize there will be those members who will want to continue with the online option for now. Please stay tuned for pricing and participation options available for new and current members.

Memberships continue to remain ON HOLD until such time we are approved to reopen during Phase 3.

Kingston Fitness has been hard at work cleaning, sanitizing and updating the facility. We eagerly await our GRAND reopening! Until then ... Stay Active & Keep Moving!